



**STELLA MARIS COLLEGE (AUTONOMOUS)
CHENNAI-600 086**

SMCDRIVE AWARENESS PROGRAMMES

**AN AWARENESS PROGRAM ON COVID 19 AND PRECAUTIONS TO BE
FOLLOWED**

Description of Programme /Activity:

An awareness programme was conducted at LITTLE DROPS (Home for the Destitute) Chennai on 20 November 2020 by Dr. Sree Sai Lakshmi, Psychologist – Centre Head International Association for Human Values. 850 men and women were educated about the Dos and Don'ts during Covid19 season. Since Covid 19 affects the Elderly, the inmates of Little Drops were educated about Covid 19, the dos and donts.

Awareness talk by Dr. Sree Sai Lakshmi



AN AWARENESS PROGRAM ON CRIME PREVENTION AND VICTIM CARE

Description of Programme /Activity:

was conducted on 5 March 2020,120 women from the nearby communities participated in the programme. The Resource person was Ms.Sajitha Spelman-Senior Manager, International Foundation for Crime Prevention and Victim Care.

Ms. Sajitha Spelman addressing the Women



**IMPROVE NUTRITIONAL STANDARDS FOR CHILDREN, ADOLESCENT,
PREGNANT WOMEN AND LACTATING MOTHERS**

Description of Programme /Activity:

A **one day workshop** was organized for the children on 27 September 2019 by the BSW Social Work students. They addressed the children on the Importance of environment, General values, and public speaking.

POSHAN ABHIYAAN: The Prime Minister's Overarching Scheme for Holistic Nutrition or POSHAN Abhiyaan or National Nutrition Mission, is Government of India's flagship programme to improve nutritional outcomes for children, pregnant women and lactating mothers and since the theme for 2019 is Complementary Feeding. Women from the organization State Social Welfare Board Tamil Nadu as part of Integrated Child Development Services (ICDS) a government programme in India which provides food, preschool education, primary healthcare, immunization, health check-up and referral services to children under 6 years of age and their mothers conducted a session for the 100 sponsorship children of SMCDRIVE on the nutritional supplements and its benefits and Importance of hand wash through dance in order to reach the children.

ICDS Volunteers addressing the Children



RALLY FOR SCHOOL CHILDREN

Description of Programme /Activity:

A rally was organized on 19 February 2019, by SMCDRIVE and The District Social Welfare Board for creating an awareness on the **Importance of Girl Child Education**. The rally was from Santhome to Mylapore Kapaleeswarar Temple, 200 students of St. Raphael's Girls Higher Secondary School, Santhome, Chennai, and SMCDRIVE Staff participated in the rally. Ms.Sandhya Maheshwari Officer, from District Social Welfare Board was present. Ms. Jayanthi, Judge, The District Legal Services Commission, Chennai District addressed the students about various laws for women. The students were given prizes for answering the questions. Ms.Vaishanavi, The Director, Sankar IAS Accademy addressed the gathering about the importance of education. Also she offered guidelines to develop their skills for appearing IAS / IPS exams. Ms. Jayanthi, Judge, the District Legal Services Commission flagged off the rally from St. Raphael's school. Slogans were raised by the students throughout the rally

Wall Painting supporting Girl Child Education



Rally by the School Students



NATIONAL MILLET WEEK PROGRAMME

Description of Programme /Activity:

- A state level seminar on “The need for Millet Diet” was organized at SMCDRIVE on 27 August 2018 in collaboration with Tamil Nadu Women’s Collective and Millet Network of India.
- A millet food competition was conducted for 150 community women from the nearby communities and prizes were given.

The programme was planned and arrangements were done in advance, Community women who come and attend the monthly meeting at SMCDRIVE were informed to prepare food items with millets for competitions.

- Before the programme started the prepared millet foods were displayed for judgment. The programme started at 10.30 am with the group song of the Tamil Nadu Women’s Collective. After that Ms. Kamala, in charge Women’s Collective, Thiruvallur District welcomed the gathering. Dr. Oliver, a Principal Scientist ,M.S. Swaminathan Research Foundation Chennai spoke about the places of cultivations of millets and the struggle of grinding the millets in earlier days. Now the latest technology is come up in most of the districts of Tamil Nadu for grinding the millets. He also stated about the study of millets by United States in Tamil Nadu.
- Dr. T. Devanathan Yadav, the Managing Director, WIN TV spoke about the need of millets in our country. Dr. Sivaraman, Managing Director and Siddha Physician of the Arogya Healthcare, Chennai spoke about the health benefits of taking millets and nutrient content of millets. He very much suggested taking millets for maintaining good health. It was really an eye opener for everyone about the benefits of millet consumption.
- Prizes were distributed to the best millet foods.

National Millet Day Activity Program



LEGAL AWARENESS PROGRAMME

Description of Programme /Activity:

On 20 September, 2016-SMCDRIVE in collaboration with Help Age India organized a legal awareness programme, to create awareness about 'The Maintenance and Welfare of Parents and Senior Citizen Act 2007'. The Resource Persons were - Mrs. Adhilakshmi Logamurthy, L.L.B., Advocate, Vice President Women's Lawyers Association, Madras High Court and Mr. Muthu Krishnan, Senior- Manager, Help Age India, there were 45 participants, all were Middle aged and Elderly women of S.S.PURAM community.

Advocate. Adhilakshmi addressing the women

